

# STERLING SURGICARE, INC.

DR. AYOTUNDE ADEYERI

668 N. Beers St., Suite 103, Holmdel, NJ 07733  
3 Hospital Plaza, Suite 206 Med Arts Bldg., Old Bridge, NJ 08857  
901 W. Main St., Suite 103 Donna O'Donnell Med Arts Bldg., Freehold, NJ 07728  
Phone #: 732.217.3897 Fax #: 732.739.9094

Today's Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ SS#: \_\_\_\_\_ SEX: M F

AGE: \_\_\_\_\_

MARITAL STATUS: Single \_\_\_\_ Married \_\_\_\_ Divorced \_\_\_\_ Separated \_\_\_\_ Widowed \_\_\_\_ Domestic Partner \_\_\_\_

ADDRESS: \_\_\_\_\_

HOME #: \_\_\_\_\_ CELL #: \_\_\_\_\_ WORK #: \_\_\_\_\_

If we need to call you, which phone # should we call first? \_\_\_\_\_ EMAIL: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_ POSITION: \_\_\_\_\_

WORK ADDRESS: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE #: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

PRIMARY INSURANCE: \_\_\_\_\_

ID#: \_\_\_\_\_ GRP #: \_\_\_\_\_ COPAY AMOUNT: \$ \_\_\_\_\_

NAME OF INSURED: \_\_\_\_\_ DOB: \_\_\_\_\_

RELATIONSHIP TO PATIENT: \_\_\_\_\_ REFERRAL REQUIRED: Yes No If YES, REF #: \_\_\_\_\_

SECONDARY INSURANCE: \_\_\_\_\_

ID#: \_\_\_\_\_ GRP #: \_\_\_\_\_ COPAY AMOUNT: \$ \_\_\_\_\_

NAME OF INSURED: \_\_\_\_\_ DOB: \_\_\_\_\_

RELATIONSHIP TO PATIENT: \_\_\_\_\_ REFERRAL REQUIRED: Yes No If YES, REF #: \_\_\_\_\_

PRIMARY CARE PHYSICIAN: \_\_\_\_\_ PHONE #: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

**REFERRAL SOURCE:**

- Primary Care Physician
- Seminar
- Insurance Company
- Friend
- Family
- Internet
- Advertising
- Other \_\_\_\_\_

**ASSIGNMENT OF INSURANCE BENEFITS:**

I, the undersigned, hereby authorize the release of any information relating to all claims for benefits submitted on behalf of myself and/or dependents. I further expressly agree and acknowledge that my signature on this document authorizes my physician to submit claims for benefits, for services rendered or for services to be rendered, without obtaining my signature on each and every claim to be submitted for myself and/or dependents, and that I will be bound by this signature as though the undersigned had personally signed the particular claim.

I, \_\_\_\_\_ hereby authorize \_\_\_\_\_  
**(NAME OF INSURED)** **(NAME OF INSURANCE COMPANY)**  
to pay and hereby assign directly to \_\_\_\_\_ all benefits, if any, otherwise payable to  
**(PROVIDER'S NAME)**  
me for his/her services as described on the attached forms. I understand I am financially responsible for charges incurred. I further acknowledge that any will be credited to my account, in accordance to the above said assignment.

\_\_\_\_\_  
**(AUTHORIZED SIGNATURE OF SUBSCRIBER)**

\_\_\_\_\_  
**(DATE)**

# STERLING SURGICARE, INC.

## GENERAL MEDICAL HISTORY FORM

Name \_\_\_\_\_

SS#: \_\_\_\_\_

### GENERAL MEDICAL INFORMATION

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Describe the current medical problem/reason for today's visit: \_\_\_\_\_

Present medications: **PLEASE ATTACH A LIST WITH NAME, DOSAGE AND FREQUENCY IF NEEDED**

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Allergies to medications: \_\_\_\_\_

Allergies (e.g. itchiness or hives) to specific brands of soap/laundry detergent: \_\_\_\_\_

Other physicians currently treating you: \_\_\_\_\_

Previous or other medical problems: \_\_\_\_\_

List any previous surgeries or hospitalizations (include # of miscarriages and live birth): \_\_\_\_\_

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Previous problems with anesthesia? Yes  No

Do you smoke? Yes  No  If yes, how many packs a day? \_\_\_\_\_ Number of years smoked? \_\_\_\_\_  
Used to, stopped  Year Quit \_\_\_\_\_

Do you regularly drink alcohol? Yes  No

Do you use drugs? Yes  No

### PERSONAL MEDICAL HISTORY

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Have you ever had any of the following (check all that apply)

- |   |   |   |  |
|---|---|---|--|
| <input type="radio"/> Anemia                      | <input type="radio"/> Arthritis               | <input type="radio"/> Asthma              | <input type="radio"/> Bladder Cancer           |
| <input type="radio"/> Bleeding Disorder           | <input type="radio"/> Blood Clots             | <input type="radio"/> Cancer (list) _____ |  |
| <input type="radio"/> Crohn's Disease             | <input type="radio"/> Coronary Artery Disease | <input type="radio"/> COPD                | <input type="radio"/> Congestive Heart Failure |
| <input type="radio"/> Cirrhosis                   | <input type="radio"/> Depression              | <input type="radio"/> Diabetes            | <input type="radio"/> Diverticulitis           |
| <input type="radio"/> Digestive Problems          | <input type="radio"/> Difficulty Hearing      | <input type="radio"/> Dizzy Spells        | <input type="radio"/> Emphysema                |
| <input type="radio"/> Fatty Liver                 | <input type="radio"/> Fibromyalgia            | <input type="radio"/> Gastritis           | <input type="radio"/> GERD                     |
| <input type="radio"/> Glaucoma                    | <input type="radio"/> Gout                    | <input type="radio"/> Heartburn           | <input type="radio"/> Heart Murmur             |
| <input type="radio"/> Heart Attack                | <input type="radio"/> Hepatitis               | <input type="radio"/> High Cholesterol    | <input type="radio"/> Hernia (type) _____      |
| <input type="radio"/> HIV/Aids                    | <input type="radio"/> Hypertension            | <input type="radio"/> Hypothyroidism      | <input type="radio"/> Hemorrhoids              |
| <input type="radio"/> Headaches                   | <input type="radio"/> Irregular Rhythm        | <input type="radio"/> Incontinence        | <input type="radio"/> Kidney Disease           |
| <input type="radio"/> Kidney Stones               | <input type="radio"/> Lupus                   | <input type="radio"/> Lung Disorder       | <input type="radio"/> Memory Loss              |
| <input type="radio"/> Multiple Sclerosis Syndrome | <input type="radio"/> Parkinson's Disease     | <input type="radio"/> Pseudotumor Cerebri | <input type="radio"/> Polycystic Ovarian       |
| <input type="radio"/> Reynaud's                   | <input type="radio"/> Rheumatoid Arthritis    | <input type="radio"/> Seizures            | <input type="radio"/> Skin Disorders           |
| <input type="radio"/> Sleep Apnea                 | <input type="radio"/> Stroke/TIA              | <input type="radio"/> Shortness of Breath | <input type="radio"/> Tuberculosis             |
| <input type="radio"/> Ulcers                      | <input type="radio"/> Ulcerative Colitis      | <input type="radio"/> Urine Infections    | <input type="radio"/> Vascular Disease         |

I HAVE NO MEDICAL PROBLEMS

## FAMILY HISTORY

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	FATHER SIDE			MOTHER SIDE		
	FATHER	MOTHER	PARENTS	FATHER	MOTHER	PARENTS
High Blood Pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Epilepsy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eczema/Psoriasis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heart Attack/Stroke	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Asthma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hay Fever	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## DIET/WEIGHT LOSS HISTORY

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When did you first start to have a weight problem? \_\_\_\_\_

When did you start to worry about your weight? \_\_\_\_\_

In your opinion, what contributes to your excess weight? \_\_\_\_\_

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What diets have you tried?

NAME OF PROGRAM/MEDICATION	DATE STARTED	HOW LONG	WEIGHT LOSS	HOW MUCH WEIGHT REGAINED
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

## PAST SURGICAL HISTORY

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List all your operations (include dates) EXAMPLE: Hernia Repair 1991, etc.

I have no surgical history

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Previous problems with anesthesia?  YES  NO

If yes, please explain

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**REVIEW OF SYSTEMS**

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Do you now or have you recently have any of the following problems? (Please circle YES or NO)

**Constitutional Symptoms**

Fever Y N  
Chills Y N  
Headache Y N  
Weight Change Y N  
Night Sweats Y N  
Other: \_\_\_\_\_

**Gastrointestinal**

Abdominal Pain Y N  
Nausea/Vomiting Y N  
Heartburn Y N  
Constipation Y N  
Blood in Stool Y N  
Diarrhea Y N  
Other: \_\_\_\_\_

**ENT**

Ear Infection Y N  
Sore Throat Y N  
Sinus Problem Y N  
Hay Fever Y N  
Other: \_\_\_\_\_

**Eyes**

Blurred Vision Y N  
Double Vision Y N  
Pain Y N  
Other: \_\_\_\_\_

**Cardiovascular**

Chest Pain Y N  
Swelling of Feet Y N  
Circulatory Problems Y N  
Irregular Heartbeat Y N  
Palpitations Y N  
Other: \_\_\_\_\_

**Respiratory**

Wheezing Y N  
Frequent Cough Y N  
Choking at Night Y N  
Daytime Drowsiness Y N  
Shortness of Breath Y N  
Snoring Y N  
Frequent Waking Y N  
Other: \_\_\_\_\_

**Neurological**

Tremors Y N  
Dizzy Spells Y N  
Numbness Y N  
Tingling Y N  
Hearing Loss Y N  
Vision Loss Y N  
Migraines Y N  
Other: \_\_\_\_\_

**Skin**

Rash Y N  
Boils Y N  
Itching Y N  
Skin Ulcers Y N  
Cellulitis Y N  
Skin Fold Y N  
Other: \_\_\_\_\_

**Hematology**

Swollen Glands Y N  
Bleeding Problems Y N  
Anemia Y N  
Other: \_\_\_\_\_

**Psychologic**

Depression Y N  
Anxiety Y N  
ADD/OCD Y N  
Sexual Abuse Y N  
Obsession Y N  
Hyperactivity Y N  
Alcoholism Y N

**Musculoskeletal**

Joint Pain Y N  
Back Pain Y N  
Weakness Y N  
Difficulty Walking Y N  
Limited Mobility Y N  
Other: \_\_\_\_\_

**Endocrine**

Excessive Thirst Y N  
Too hot/cold Y N  
Tired/sluggish Y N  
Other: \_\_\_\_\_



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PHONE #: 732.217.3897      FAX #: 732.739.9094

**NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT**

I understand that, under the Health Insurance Portability & Accountability Act of 1996 ("HIPPA"), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- Obtain payment from the third-party payers.
- Conduct normal healthcare operations such as quality assessments and physician certifications.

I acknowledge that I have received you **NOTICE OF PRIVACY PRACTICES** containing a more complete description of the uses and disclosures of my health information. I understand that this organization has rights to change its Notice of Privacy Practices from time to time and I may contact this organization at any time at the address above to obtain my current copy of Notice of Privacy Practices.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations. I also understand you are not required to agree to my request restrictions, but if you agree then you are bound to abide by such restrictions.

PATIENT NAME: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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**OFFICE USE ONLY**

I attempted to obtain the patient's signature in acknowledgement of this Notice of Privacy Practices Acknowledgement, but was unable to do so as documented below:

Date: \_\_\_\_\_      Initials: \_\_\_\_\_      Reason: \_\_\_\_\_

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**RELEASE OF MEDICAL INFORMATION CONSENT FORM**

Due to new HIPPA (Health Insurance Portability and Accountability Act), we are limited as to what information in your medical records can be shared with any other person except you. BY INITIALING THE APPROPRIATE LINES BELOW, YOU ARE ALLOWING OUR OFFICE TO RELEASE YOUR HEALTHCARE INFORMATION IN LIMITED CASES. You may revoke your consent at any time, in writing, to our office.

I, \_\_\_\_\_, give my consents to STERLING SURGICARE, INC. to:

\_\_\_\_\_ Speak with my family members/spouse about my Medical Condition, Labs, Radiology Results, AND/OR Treatment Plans. (Please list person/s who are to release information to and their relation to you on the provided line below)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- \_\_\_\_\_ Fax my test results to other physicians who are participating in my care.
- \_\_\_\_\_ Telephone my phone to confirm appointments
- \_\_\_\_\_ Telephone my work to confirm appointments
- \_\_\_\_\_ Leave messages on my answering machine with regards to test results
- \_\_\_\_\_ Other (please specify)

Patient's Name (PRINT): \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

OFFICE USE ONLY  
Staff Signature: \_\_\_\_\_  
Date: \_\_\_\_\_

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## COMPLIANCE AGREEMENT FOR BARIATRIC PATIENTS

The decision to have bariatric surgery is a very serious one and I understand the commitment and sacrifices I must make to have a successful outcome.

I also understand and agree that I will not gain any additional weight from the date of my initial consultation to my scheduled surgical date. If I fail to keep this agreement, I understand that my surgery may be postponed or even canceled.

Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Witness Signature: \_\_\_\_\_

### **STERLING SURGICARE, INC.**

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## **PHOTO AUTHORIZATION AND RELEASE**

I hereby authorize STERLING SURGICARE, INC. to display my photographs and statements on the website and other avenues.

Patient's Name: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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## MEDICAL RECORDS REQUEST

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

I hereby authorize STERLING SURGICARE, INC. to obtain any and/or all of my medical records pertaining to my care and treatments from \_\_\_\_\_ to \_\_\_\_\_.

( ) Please fax to 732.739.9094

( ) Please mail medical records to 668 N. Beers St., Suite 103, Holmdel, NJ 07733

I release you from all legal responsibility that may arise from this authorization.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_